

## ROCK ONE DEPARTURE

SHL-2109 [USAF]

LAKENHEATH, ENGLAND

ATIS ★ 356.725  
 GND CON  
 375.45  
 LAKENHEATH TOWER ★  
 122.1x 338.425  
 LAKENHEATH APP CON  
 136.5 309.2  
 LAKENHEATH DEP CON  
 250.3  
 LONDON MIL  
 277.775

## DME REQUIRED

Rwy	Knots	60	120	180	240	300	360
24	V/V(fpm)	530	1060	1590	2120	2650	3180

ATC Climb Rate to 450

Turn at 1 DME mandatory to avoid conflicting with RAF Mildenhall traffic patterns. If unable to comply, notify Lakenheath tower for alternate routing.

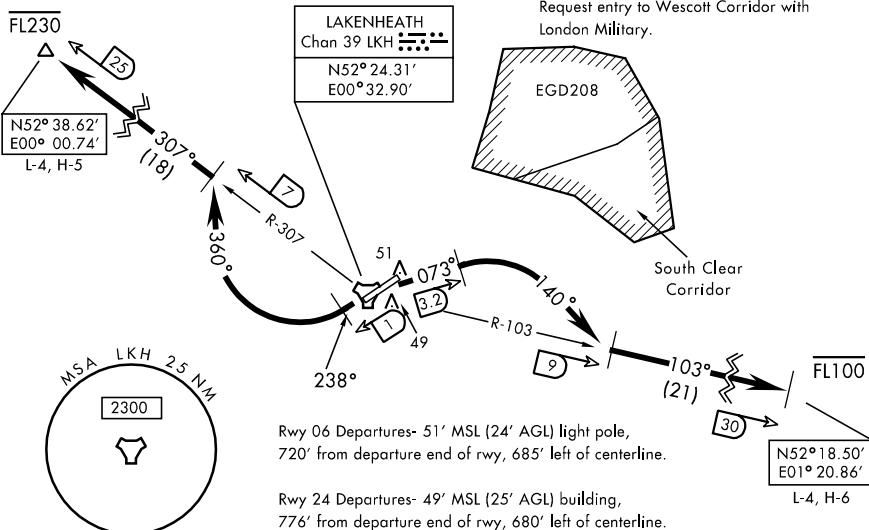
Radar required when EGD 208 active. Contact LAKENHEATH TOWER for status.

Request expeditious climb for noise abatement.

Advise ATC of requested on course heading after airborne.

For WESCOTT corridor request FL240 with Lakenheath Departure Contol.

Request entry to Wescott Corridor with London Military.



EMERG SAFE ALT 100 NM 2700

TA 3000



## DEPARTURE ROUTE DESCRIPTION

**TAKE-OFF RWY 06:** Climb on track 073°. At LKH 3.2 DME, turn right to a track of 140°. Intercept LKH R-103 within 9 DME and proceed to LKH R-103/30 DME. Cross LKH R-103/30 at or below FL100. Climb as instructed.

**TAKE-OFF RWY 24:** Climb on a track of 238°. At LKH 1 DME, turn right on track 360°. Intercept LKH R-307 within 7 DME. Cross LKH R-307/25 DME at or below FL230. Climb as directed.

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LAKENHEATH (EGUL)

Effective 3 AUG 2006 - 31 AUG 2006